SEBASTIAN:
Hi, I'm Sebastian and I'm the outer shell of a Russian Nest Doll.

MIDDLE ALEX:
Hi I'm Alex, I'm the first inner shell, the middle.

LITTLE ALEX:
I'm also Alex, and I'm the smallest.

IAN CHILLAG:
You're both named Alex? Do you just call each other Alex or should I?

MIDDLE ALEX:
Ah you can call me Middle Alex.

IAN CHILLAG:
Okay. And then you're just?

LITTLE ALEX:
Little Alex.

IAN CHILLAG:
Middle Alex and Little Alex.

SEBASTIAN:
Just Sebastian. I'm in two pieces, Middle Alex is in two pieces, but Little Alex is whole.

MIDDLE ALEX:
She's solid.

SEBASTIAN:
Yes.

LITTLE ALEX:
Whole is a nice way to put it, thank you.

MIDDLE ALEX:
I think of you as whole.

LITTLE ALEX:
I think of you both as whole, too.

MIDDLE ALEX:
I only think of myself as whole when you're in me, Little Alex.

LITTLE ALEX:
Really?
Sebastian, Alex, and Alex, Russian Dolls 1

SEBASTIAN:
What do the two of you see when you look at Little Alex?

SEBASTIAN AND MIDDLE ALEX:
She's cute, she's tiny. She has pretty flowers painted on her stomach.

SEBASTIAN:
Yeah but her face, your face is soft. It's like mashed together, you know what I mean? Like I could clearly see that you have eyes and a mouth, but like it's messy, you know, it's practically just a line. Like I have lips, you have a line.

MIDDLE ALEX:
Yeah you look like you're supposed to be a person, but it does look like somebody had a hard time fitting a face onto your tiny head.

(BACKGROUND MUSIC)

IAN CHILLAG:
Well so as we get into it, are you one thing or are you three things?

SEBASTIAN:
We're three things. Yes 'cause we can't exist alone. But so tupperware, right? What do you with tupperware, you stack them, right? Okay good. How many pieces of tupperware do you have?

IAN CHILLAG:
Probably 10.

SEBASTIAN:
Great, exactly. We're the same thing. You stack us, but we're individuals. Okay.

LITTLE ALEX:
I disagree with it.

SEBASTIAN:
This is a point of contention.

LITTLE ALEX:
You don't store things in me.

SEBASTIAN:
You being the smallest one.

LITTLE ALEX:
I didn't just mean us, in general.

MIDDLE ALEX:
Yeah you can't fit anything in us, but us. Unless we were separated. Which we shouldn't be.
Sebastian, Alex, and Alex, Russian Dolls 1

LITTLE ALEX:
And you could have one piece of tupperware and people still be like, that's tupperware. But if you just had one us, people will be like, why do you have that?

IAN CHILLAG:
Ah see I think when I'm alone, I'm a doll. When we're together we're Russian Dolls. Have you ever been alone?

SEBASTIAN:
Yeah.

IAN CHILLAG:
How did that happen? I was alone, a little girl Maria took me into her room one day and she wasn't supposed to be eating candy, so she stuck a bunch of candy inside of me and then was walking around and eating candy out of me for a little bit.

SEBASTIAN:
So you were, you were a container?

IAN CHILLAG:
Yes, so that's why I relate to the tupperware analogy that I brought up before because I felt for a moment I served a different purpose cause my purpose is to store Alex, and to store Alex. It was nice. I got to live a different life for a moment and it was really beautiful.

MIDDLE ALEX:
I was just gonna say she didn't pick me cause you couldn't fit enough candy in me.

LITTLE ALEX:
And I don't have an inside.

MIDDLE ALEX:
But also I had never heard that story. I mean you came back, that little girl brought you back, but you didn't tell us how good you felt.

SEBASTIAN:
I was...

MIDDLE ALEX:
So I'm just hearing that for the first time which is sort of hurtful.

LITTLE ALEX:
Yes, same here.

SEBASTIAN:
Alex, come on, please.

MIDDLE ALEX:
I'm just saying like I didn't know that, I didn't know that when you, that you were like ah men, I'm a new different thing now.
SEBASTIAN: Yeah but I think, not being yourself for a moment actually makes you appreciate who you are, so what did you want me to say? That I had a moment where I wasn't us? And I liked it because then I get to return to us and go, this is where I actually belong?

MIDDLE ALEX: Ah that's nice.

IAN CHILLAG: I'm curious. Speaking to Sebastian and Middle Alex. You can both be separated into two parts, do you still, what does it feel like, do you still feel like yourself?

SEBASTIAN: Ah. Yeah it's pretty terrifying.

MIDDLE ALEX: Yeah it's awful.

SEBASTIAN: It's alarming every time.

MIDDLE ALEX: Yeah.

SEBASTIAN: I don't think I'll ever get used to it, and I put a lot of mental energy into preparation for it, and then I kind of got rid of that because I might as well just enjoy the moment, and it's kind of like death for people. Like why think about it everyday? It's going to happen. Except that we die constantly.

MIDDLE ALEX: Yeah and you can prepare for it because, have you ever opened a Russian Nesting Doll?

IAN CHILLAG: I have, yeah.

MIDDLE ALEX: So like people always put...

SEBASTIAN: Do you wanna open us?

IAN CHILLAG: Ah I don't want you to be uncomfortable, but could we?

MIDDLE ALEX: I'll be uncomfortable. I mean I'm okay with it, but I will be uncomfortable, it's, it's like mentally painful.
IAN CHILLAG:
Well if you're really okay with it, I think the first step would be to open Middle Alex, so here we go.

LITTLE ALEX:
No don't do it, open me instead.

SEBASTIAN:
Alex we can't open you.

LITTLE ALEX:
Open me instead.

MIDDLE ALEX:
Alex we can't open you, we've gone through this, we'd have to saw through you.

SEBASTIAN:
Alex.

MIDDLE ALEX:
That's sweet but it doesn't...

LITTLE ALEX:
Are you mad at me?

SEBASTIAN:
No we just can't put you back together if we separate you

MIDDLE ALEX:
And then you'll definitely get thrown away.

SEBASTIAN:
Yes.

LITTLE ALEX:
Okay.

SEBASTIAN:
Okay?

LITTLE ALEX:
Sorry.

IAN CHILLAG:
All right I'm taking off your top half.

(MUSIC)

MIDDLE ALEX:
Have you ever like been in pain but you can't tell where it's coming from? It's just like a radiating... And it's like is it here, is it here, wait am I nauseous? That sort of what's happening right now.
IAN CHILLAG:
So Little Alex, I'm gonna place you inside of Middle Alex. So the two Alex are back together.

MIDDLE ALEX:
Wow, that was weird.

IAN CHILLAG:
I think not to speak for all humans, but I think it should have occurred to us that pulling the top half of your body apart from the bottom half of your body would be traumatic.

MIDDLE ALEX:
Thank you.

IAN CHILLAG:
Sebastian we'll just do you real quick here, I'm sorry.

SEBASTIAN:
Have you seen Private Ryan?

IAN CHILLAG:
Yes.

SEBASTIAN:
Do you know the scene where the guy starts crying for his mother

IAN CHILLAG:
Yes.

SEBASTIAN:
I don't have a mother but I understand that person's pain in that moment because I'm looking for something bigger than me right now. I need you to help me.

(BACKGROUND MUSIC)

IAN CHILLAG:
So now that you're all back together, I remember when I was kid playing with Russian Nesting dolls, it was very important to me to line up everything, so that everything the top half you know matched with the bottom. I'm just curious, how does it feel when like your legs are on backwards.

SEBASTIAN:
I assume it's what people feel when they're drunk.

MIDDLE ALEX:
Yeah feels kind of fun.

SEBASTIAN:
Silly! Yeah it's really silly. It's like, I don't, I won't wanna be like twisted all the time, but like sometimes being twisted is kinda fun.
Sebastian, Alex, and Alex, Russian Dolls 1

MIDDLE ALEX:
Yeah. And sometimes Little Alex and I will be inside Sebastian and he’s acting kinda weird, and then we’re like, wait a second, are you twisted?
(LAUGHS)
And he was like, yeah.

SEBASTIAN:
They always know. Yeah, yeah it's fun. I get twisted the most. Yes for sure.

IAN CHILLAG:
Do you never felt twisted, huh?

LITTLE ALEX:
No, I’m not old enough.

SEBASTIAN:
Well you’ll never be old enough.

MIDDLE ALEX:
You’ll always be this age.

SEBASTIAN:
Yeah.

IAN CHILLAG:
Little Alex, so you are now inside Middle Alex how does it feel?

LITTLE ALEX:
It feels comfy, it feels like home. I'm okay when I'm outside, but this is where I like to be.

IAN CHILLAG:
It’s interesting because you’re inside the others, but you’re also kind of in a room by yourself.

LITTLE ALEX:
Yeah.

IAN CHILLAG:
What do you think about when you’re in there?

LITTLE ALEX:
I don’t know, sometimes I think about what it would be like to spend a day on a different shelf without you guys. I notice that in one of the different rooms, ones when we were just being played with even though we’re not supposed to be played with, I realized that there is a shelf of Tchotchkes and I thought that I could fit in there.

SEBASTIAN:
You are better than a Tchotchke, I hate that you say that. You are not a Tchotchke. Well the next thing you’re gonna be in the junk drawer.
Sebastian, Alex, and Alex, Russian Dolls 1

LITTLE ALEX:
No, Tchotchke are good.

SEBASTIAN:
Cause that's where the Tchotchke go after they're done being Tchotchkes in the junk drawer.

MIDDLE ALEX:
Sebastian, this is probably why she doesn't tell you things cause then you get really mad.

SEBASTIAN:
Well because I wish you just thought of yourself as art, okay?

LITTLE ALEX:
But what's wrong with a Tchotchke?

SEBASTIAN:
A Tchotchke is a cheap item, and is that what you wanna be? Would we be on display in a living room if we were a cheap item? No. No I can't.

LITTLE ALEX:
But they're still kept. They're still kept and displayed.

SEBASTIAN:
Yeah until Christmas Time and then they put them all away so they can put up the Christmas Tchotchkes, okay? We stay out year round. They put the little hat on us for Christmas. They put a Santa hat on us.

LITTLE ALEX:
They only put a Santa hat on you.

SEBASTIAN:
They put a Santa hat on me.

MIDDLE ALEX:
I think it will be fun if they took us apart and put Santa and Elf hats.

LITTLE ALEX:
Oh that's a really good idea.

MIDDLE ALEX:
But who am I? Just the middle one. I think that would be fun.

SEBASTIAN:
That would be fun, I would like that.

MIDDLE ALEX:
Then they have three decorations instead of one, but they always just give you the Santa hat.
Sebastian, Alex, and Alex, Russian Dolls 1

SEBASTIAN:
Remember the year that they couldn't find baby Jesus for the Manger, and they used Little Alex as baby Jesus?

LITTLE ALEX:
That I really liked that.

MIDDLE ALEX:
That was sweet.

SEBASTIAN:
That was, I was so proud of you. She was, she was in the manger as baby Jesus.

LITTLE ALEX:
I really didn't wanna mess up.

MIDDLE ALEX:
They made little diaper for her.

SEBASTIAN:
Yeah oh my, it was so cute! It was so cute.

MIDDLE ALEX:
I didn't see it because I was inside Sebastian but he told me about it.

SEBASTIAN:
I was so proud of you.

LITTLE ALEX:
Thank you.

SEBASTIAN:
And that's bigger than a Tchotchke.

LITTLE ALEX:
Okay.

MIDDLE ALEX:
Hey you've been Jesus.

SEBASTIAN:
You've been the son of God.

LITTLE ALEX:
Well yeah, it felt like a lot of responsibility.

IAN CHILLAG:
Support for everything’s alive comes from Wix. Wix is the most technologically advanced website building platform out there. Since I've started a show, I've wanted a place to share some of the art
Sebastian, Alex, and Alex, Russian Dolls 1

that you all have created of the objects I’ve interviewed, so I tried out Wix, it literally took 20 minutes and I had that website. You can check it out at eiart.com. It was fun to make, it was really easy, and whether you know what you’re doing or you’re me, Wix is super intuitive and has all the tools you need to make your website beautiful. You can start and publish for free. Go to wix.com/alive to create your website today and please use that link because it really helps our show. That’s wix, wix.com/alive. Little Alex have you ever been alone?

LITTLE ALEX:
Oh. Well I felt like such an idiot ’cause I thought I was just in Middle Alex but I wasn’t, I wasn’t in her at all, I was in a human.

IAN CHILLAG:
You’ve been swallowed?

LITTLE ALEX: 
Yeah. It was a lot. It was a lot darker if you can imagine it. It was also very wet. Do you wanna know all the details of how I got back to?

IAN CHILLAG:
If you’re comfortable talking about it, sure.

LITTLE ALEX: 
Well they tried to induce vomiting but that didn’t work so eventually I just, I had to be passed.

SEBASTIAN: 
Do you know what that means?

IAN CHILLAG: 
Ah yeah.

SEBASTIAN: 
Okay good. Just making sure.

LITTLE ALEX: 
Yeah and they thought about just you know, throwing me out but you know the human we belong to she wasn’t the one who swallowed me, it was the little girl. But her mom really, really fought for me to be returned to the set. I was really scared that Alex and Sebastian wouldn’t want me anymore cause I wasn’t the same.

MIDDLE ALEX: 
Oh my god.

SEBASTIAN: 
Oh stop.

MIDDLE ALEX: 
That was a really tough day because we were all separate and Sebastian and I were just on the shelf so unlike normal days, I was seeing everything, a lot of times it’s just Sebastian and he’ll tell us what’s going on. So we were both watching the family argue about like whether they should go to
Sebastian, Alex, and Alex, Russian Dolls 1

the hospital and then we saw, when they were like it came out, she passed it. It, that's how they said it. Anyway it was awful.

IAN CHILLAG:
Hey is this Anna at the Mütter Museum?

ANNA DHODY:
Yes how are you?

IAN CHILLAG:
Good, good. I wanted to ask you about, I remember going several years ago is it the swallowed objects collection, is that what I should call it?

ANNA DHODY:
Ah we actually call it the chevalier jackson collection because it was not only a swallowed object collection, but it was all of the objects were successfully retrieved by just one physician Doctor Chevalier Jackson.

IAN CHILLAG:
So how many objects are we talking about?

ANNA DHODY:
Ah we have over 2000

IAN CHILLAG:
I guess I've never thought about it before, but that seems like that would be a lot for any given Doctor, was he like a specialist? Was he somebody that people would go to when they had swallowed something?

ANNA DHODY:
Yes and I think it's important, he's kind of considered to be the Father of American Laryngoscopy, the American Laryngologist and he pioneered a lot of these techniques that basically we're still using today. So he really believed that the best way to retrieve these objects was through the oral form which they initially got there, whereas before that, physicians would actually cut into a patient to retrieve these objects, in many cases which is highly invasive.

IAN CHILLAG:
So tell me about some of these objects, what comes to mind when you think about the collection?

ANNA DHODY:
Ah when I think of it, the first thing you always wanna think of is what we call safety pins but with Doctor Jackson, called danger pins and of course the ones that he retrieved were open. In many cases and, I know, 'cause you know what he was able to do? He was able to perfect this technique where imagine the safety pin open like in that V shape, but the V is upwards, and so by, if you were to grab it and just drag it up it would cause significant amount of damage, right? Well he figured out the best thing to do is to gently push the safety pin down and tell if it's in the esophagus or it would reach the stomach, he somehow managed to be able to fasten it using his tools in the stomach and then safely bring the safety, the fastened safety pin up the patient's throat.
IAN CHILLAG:
So I’m a, I’m looking at your website here it looks like a lot of Jacks. A lot of kids.

ANNA DHODY:
It all depends on what you saw, you’re looking at the toy section. So we have them in sections and you can see toys and then jewelry, and food, hardware, so the hardware can be anything from nails, screws, pieces of metal, you name it, and then we have, we do have toys that are wonderful, like a battleship...

IAN CHILLAG:
A battleship?

ANNA DHODY:
Tiny battleship. What jumps out of me is that some of the the rather large ones, like entire portions of dentures.

IAN CHILLAG:
Like a whole row of teeth?

ANNA DHODY:
Yeah, yeah. Like, like so I think a lot of people have this kind of idea that it's only kids that swallow things they shouldn't swallow, but in many cases it’s also adults.

IAN CHILLAG:
When people come in to look at these things at the museum, what kind of reactions do you hear?

ANNA DHODY:
We hear a lot of, less words, more vocalization. Many years ago we actually had a woman contact us because she was one of the the young children that had a hat pin removed from her throat by Doctor Jackson and she wanted to know if we had it and we were able to, based on her age, what object it was, and all of that we were able to find the, you know find the object in question and she was so grateful.

IAN CHILLAG:
It's such a funny reunion, you know?
(LAUGHS)

ANNA DHODY:
It really is, it really is.

MIDDLE ALEX:
It is weird because I just thought of this when we were talking about that terrible, we call the passing day. Sebastian is like, has chips on his paint and he's dirty cause he gets handled the most, and then Little Alex, they chlorox wiped her a lot, so she's all faded, and I'm like the most pristine. And that feels kind of bad. I mean I don't wanna get too negative about it, but I don't matter.

LITTLE ALEX:
What?
Sebastian, Alex, and Alex, Russian Dolls 1

MIDDLE ALEX:
Like you’re the tiny cute thing that people are always like screwing off all the heads to get to.
Sebastian is the one they look at all the time, I’m truly just there to make it a stack. They quickly screw my head off just to get to you.

SEBASTIAN:
I never heard you say that.

LITTLE ALEX:
Yeah.

MIDDLE ALEX:
Yeah I don’t think I put it together until we were talking about Little Alex's passing day, but I’m sort of processing it, I think.

SEBASTIAN:
Can I say thank you? I wanna thank you.

IAN CHILLAG:
Me?

SEBASTIAN:
Yeah because we’re together all the time and all we do is we talk crap you know we talk about nothing. Well I never hear you talk like this, when was the last time we had a real conversation?

MIDDLE ALEX:
Well 'cause it feels like you know I think humans do this to connect and it feels like we’re already connecting, so we don’t ask tough questions of each other.

SEBASTIAN:
Never.

LITTLE ALEX:
Yeah there's so much we don’t talk about. But it also feels like we talk about everything.

MIDDLE ALEX:
Right. So this is a really weird experience.

SEBASTIAN:
Yeah we never talk about our feelings, but we talk about every moments of every day.

LITTLE ALEX:
Yeah.

SEBASTIAN:
What are we doing? We literally are living, we’re inside each other, you are inside me non-stop and we can't connect on an emotional level?
MIDDLE ALEX:
I mean but that's the thing, we do. We just don't like to pick it apart with words.

SEBASTIAN:
I want to, is that okay? Is that too much?

MIDDLE ALEX:
No, I think that's kinda.

LITTLE ALEX:
Yeah it sounds good. It sounds hard.

SEBASTIAN:
Only if you want to. I mean don't ever wanna do anything...

MIDDLE ALEX:
I mean you'll be able to tell if I don't want to.

SEBASTIAN:
Of course, I know.

IAN CHILLAG:
I wonder, now that we are talking are there questions like Little Alex, is there anything you've ever wanted to ask Sebastian about his life that you've never asked?

LITTLE ALEX:
Oh...

SEBASTIAN:
I got nervous just now.

LITTLE ALEX:
Yeah. (LAUGHS)
I guess is it a lot of pressure being the one on the outside, like I feel like you're the charming one, and the one, but also like the first barrier between us in the world, like is that, is that a lot of weight on your shoulders?

SEBASTIAN:
So you know how Anthony, Anthony's the dad of the family, you know Anthony like always complains about driving, and then they're like, we'll drive for you and then he's like, no I won't be relaxed, that's how I feel. Like I don't wanna do this but if anyone else was, I would not be able to be relaxed like I need to be in control of the situation. I don't wanna be in control but I need to be.

LITTLE ALEX:
Okay, that makes sense. Because sometimes I wish I could do stuff for you guys but then I know I can't. Like I wish I could split in half and I wish I was a little bit...

MIDDLE ALEX:
No you don't.
Sebastian, Alex, and Alex, Russian Dolls 1

SEBASTIAN:
You are the heaviest, do you know that?

LITTLE ALEX:
Am I the heaviest?

SEBASTIAN:
Yeah. (LAUGHS)
Are you, are you kidding me?

LITTLE ALEX:
I don't know, I can't feel me.

MIDDLE ALEX:
You're solid wood.

SEBASTIAN:
Yes you are so heavy.

MIDDLE ALEX:
We're pretty flimsy.

SEBASTIAN:
You are dense. I am hollow. So you don't realize but when you're inside of me, you actually are grounding all of us, even though I protect us, externally, you're the one holding us down, the gravity.

MIDDLE ALEX:
Remember the day that the dog ran into the shelf and it started wobbling? That's why Sebastian freaked out. Yeah if you hadn't been inside us when the dog hit the shelf, we definitely would have fallen off the shelf.

LITTLE ALEX:
Oh that's good. It wasn't passing day.

MIDDLE ALEX:
Oh my god.

IAN CHILLAG:
I was trying to think of an analogy in the living world for a Russian Nesting Doll, and the best I can think of is, it's like a kangaroo which you know, you know what a Kangaroo is?

LITTLE ALEX:
Oh yeah, I get that. I feel like I personally identify with a kangaroo, especially the baby kangaroo, it's the same size as me.

SEBASTIAN:
Baby kangaroo is the same size as you?
Sebastian, Alex, and Alex, Russian Dolls 1

LITTLE ALEX:
Yeah baby kangaroo is the size of a bean.

IAN CHILLAG:
That's so crazy to think about because a kangaroo, a baby kangaroo grows up to be as big as I am, basically. What do you think it would be like to be that big?

LITTLE ALEX:
Ah that would be too much. I don't wanna take up that much space. What do you do with all that space?

IAN CHILLAG:
All the space of my body?

LITTLE ALEX:
Yeah. If that's okay to ask.

IAN CHILLAG:
Yeah, no. It's, sometimes I wanna be smaller. There are situations in which I wanna be smaller, there are situations in which I wanna be bigger, too, you know, sometimes you don't wanna be noticed, sometimes you do.

MIDDLE ALEX:
Yeah it will be cool for people if they could just go inside somebody they trust and hide. It makes me sad for humans that they can't do that. Cause it does feel really nice when you're inside someone you trust I also trust that he's describing the things that I need to know about and leaving out the things I don't.

SEBASTIAN:
Sometimes I lie. Sometimes I'll say ah yeah you know how I just keep saying there's a hummingbird outside?

MIDDLE ALEX:
Yeah.

SEBASTIAN:
There's not.

LITTLE ALEX:
Really?

MIDDLE ALEX:
There's never been a hummingbird?

SEBASTIAN:
No there's never been a hummingbird, I saw it in the movie and I thought it was a cool moment, so I kept saying that there was a hummingbird outside the window all the time because it was like oh this was fun and how excited you get.
Sebastian, Alex, and Alex, Russian Dolls 1

MIDDLE ALEX:
Yeah, I guess I’m more upset ’cause now you can’t do it anymore.

LITTLE ALEX:
Yeah I think I’m okay with living in your version of reality as long as it stays that way.

MIDDLE ALEX:
Yeah don’t tell us when you lie.

SEBASTIAN:
Okay, I won’t. I never lied about big things.

LITTLE ALEX:
Okay.

MIDDLE ALEX:
All right. I guess you’ve never told us a harmful lie.

SEBASTIAN:
Yeah I know.

MIDDLE ALEX:
Have you?

SEBASTIAN:
No, no.

MIDDLE ALEX:
Oh I don’t believe you.

SEBASTIAN:
Okay. We’ve moved.

MIDDLE ALEX:
What?

LITTLE ALEX:
What?

SEBASTIAN:
We’ve moved. We don’t live in Brooklyn anymore. We’re in South Amboy New Jersey.

MIDDLE ALEX:
What?

LITTLE ALEX:
What but we’re Brooklyn Russian Nesting Dolls?

SEBASTIAN:
I know. I don’t know, why tell you? It’s not part of where we are, it’s not part of who we are, it
Sebastian, Alex, and Alex, Russian Dolls 1

defines nothing about us so why tell you that we're in South Amboy? It's fine, it's New Jersey. It's fine.

MIDDLE ALEX:
Wait so is that why? There was a lot of like movement and weird noises and stuff a few months back and you were like oh there's earthquake?

SEBASTIAN:
Yeah yeah I said that there was...

MIDDLE ALEX:
You thought we'd be more okay with there being an earthquake than being in a moving van?

LITTLE ALEX:
Mom, I feel like an earthquake is just for a couple of minutes but New Jersey sounds like it's forever.

(BACKGROUND MUSIC)

IAN CHILLAG:
This is, everything is alive. The show is produced by Jennifer Mills and me, Ian Chillag with Eva Wolchover and Isabella Kulkarni. Special thanks to Emily Spivack. A belated thanks to Lauren Spohrer and to Ellen Van (INAUDIBLE). And one more thank you to Sadie Mae who suggested we talk to Russian Dolls. Thanks to Anna Dhody for talking to us about swallowed objects, Anna is a curator at the Mütter Museum and Director of the Mütter Research Institute, she's also the Gretchen Wordon Chair. Sebastian the Russian Doll was played by Sebastian (INAUDIBLE). Middle Alex, the Russian doll was played by Alexandra Dixon, and Little Alex, was played by Alex Song. Everything is alive is a proud member of Radiotopia from PRX. Julie Shapiro is the executive producer inside all of us. If you like our show, please review it wherever you review things that helps people find us. You can get in touch with us in any number of ways at everythingisalive.com. We'll see you soon.

(BACKGROUND MUSIC)

Hey before I go, I wanna tell you that this is love is back with our third season this is the show that I tell people to listen to more than any other show including my own. The whole season takes place in Italy. The first episode is about a little mountain town where since 1897 people have come together to join something called the ugly club. Here's a clip.

VOICE-OVER:
Will you tell me what the criteria for being in the ugly club is? What is the test? We have a card where there are different marks, it starts with undefined, insufficient, medium, good, great, and extraordinary and of course we talked about ugliness not beautiness. So if you are extraordinary, it means that you are extraordinary ugly. Would you give me the test? Of course, of course, of course. If you want we can do it right now. Yes, and don't hold back. I mean I would like to, like a real critique here. Okay and now we have to judge. You can find this is love season 3 right now.

(BACKGROUND MUSIC)